



# 2024-2025



CHEF'S TABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<b>Sweet &amp; Sour Meatballs, Brown Rice &amp; Sauteed Vegetables</b> \$8.00 includes small white milk or 500ml water	<b>Soft Shell Chicken Taco with Cheese and Vegetables. Served with Raw Pepper Slices</b> \$7.00 includes small white milk or 500ml water	<b>Mini Cheese or Veggie Pizza. Served with Carrot sticks and Pineapple</b> \$7.00 includes small white milk or 500ml water	<b>Shepherd's Pie Mashed Potato Bowl with Sweet Corn</b> \$8.00 includes small white milk or 500ml water	<b>Adobo Chicken, Garlic Rice &amp; Cucumber Slices</b> \$8.00 includes small white milk or 500ml water
	<b>Cheesy Rotini Pasta</b> Pasta Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Fettucine Alfredo</b> Pasta Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Macaroni &amp; Cheese</b> Pasta Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Spaghetti and Meatsauce</b> Pasta Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Goulash</b> Pasta Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50
VALUE MEAL	<b>Bagel With Cream Cheese and Can of Bubly</b> \$5.00	<b>Grilled Cheese with Chicken Noodle Soup</b> \$6.00	<b>Chicken Eggroll in a Bowl with Rice and Plum sauce</b> \$5.00	<b>1/2 Chicken Caesar Wrap with Home Made Baked Potato Wedges</b> \$5.00	<b>Chicken Snack Warp with Carrot sticks</b> \$5.00
WEEK 2	<b>Sweet Chili Chicken Stir Fry over Rice</b> \$8.00 includes small white milk or 500ml water	<b>Soft Shell Beef Taco with Cheese and Vegetables. Served with Raw Pepper Slices</b> \$7.00 includes small white milk or 500ml water	<b>Mini Cheese or Veggie Pizza. Served with Carrot sticks and Pineapple</b> \$7.00 includes small white milk or 500ml water	<b>Indian Murg Makhani (Butter Chicken) OR Chickpea Curry. Served with Rice and Cucumbers.</b> \$7.00 includes small white milk or 500ml water	<b>Pulled Pork Sandwich with Side Salad</b> \$8.00 includes small white milk or 500ml water
	<b>Rigatoni with Meatballs</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Fettucine Alfredo</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Macaroni &amp; Cheese</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Meat Ravioli</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Goulash</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50
VALUE MEAL	<b>Bagel With Cream Cheese and Can of Bubly</b> \$5.00	<b>Grilled Cheese with Chicken Noodle Soup</b> \$6.00	<b>Chinese Rice Bowl \$ 500ml Water</b> \$5.00	<b>Greek Pita &amp; Homemade Baked potato Wedges</b> \$5.00	<b>Chicken Snack Warp with Carrot sticks</b> \$5.00
WEEK 3	<b>Tunisian Chicken Shawarma Wrap or Falafel Wrap with Vegetables. Served with Cucumbers.</b> \$7.00 includes small white milk or 500ml water	<b>Beef Taco Crunch Wrap &amp; Roasted Corn</b> \$8.00 includes small white milk or 500ml water	<b>Mini Cheese or Veggie Pizza. Served with Carrot sticks and Pineapple</b> \$7.00 includes small white milk or 500ml water	<b>Sloppy Joe Sandwich, Brown Rice and Sauteed Vegetables</b> \$8.00 includes small white milk or 500ml water	<b>Beef Burger with Raw Carrots and Apple slices</b> \$7.00 includes small white milk or 500ml water
	<b>Penne with Meat Sauce</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Creamy Pasta with Chicken and Vegetables or Creamy Pasta with Vegetables</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Macaroni &amp; Cheese</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Spaghetti and Meatballs</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50	<b>Fettucine Carbonara</b> Bowl \$5.00 Add Breadstick \$1.25 Add Salad \$1.50
VALUE MEAL	<b>Bagel With Cream Cheese and Can of Bubly</b> \$5.00	<b>Grilled Cheese with Chicken Noodle Soup</b> \$6.00	<b>Chicken Eggroll in a Bowl with Rice and Plum sauce</b> \$5.00	<b>1/2 Chicken Caesar Wrap with Home Made Baked Potato Wedges</b> \$5.00	<b>Chicken Snack Warp with Carrot sticks</b> \$5.00
<b>WEEK 1 DATES</b> September 9-13 September 30-4 October 21-25 November 11-15 December 2-6 January 13-17 February 3-7		<b>WEEK 2 DATES</b> February 24-28 March 17-21 April 7-11 April 28-2 May 19-23 June 9-13		<b>WEEK 3 DATES</b> September 16-20 October 7-11 October 28-1 November 18-22 December 9-13 January 20-24 February 10-15	
<b>WEEK 1 DATES</b> September 9-13 September 30-4 October 21-25 November 11-15 December 2-6 January 13-17 February 3-7		<b>WEEK 2 DATES</b> March 3-7 March 24-28 April 14-18 May 5-9 May 26-30 June 16-20		<b>WEEK 3 DATES</b> September 23-27 October 14-18 November 4-8 November 25-29 December 16-20 January 6-10 January 27-31	
<b>WEEK 1 DATES</b> February 17-21 March 31-4 April 21-25 May 12-16 June 2-6 June 23-27					