



Eastern Shore Parent Workshop 1: Home Behavior Management

When/Where:

Tuesday November 25th, offered at two locations:
6-7pm @ Eastern Shore Consolidated, &
7:30-8:30pm @ Oyster Pond Academy.

All parents of students at OCDE, PLE, ESC, and OPA are welcome to attend.

In this Behaviour Management Workshop we will cover:

- **The Principles of Behaviour Management**
 - Causes of Problem Behaviour
 - Functions of Behaviour
 - Modifying Behaviour
- **Applying those Principles at home**
 - Responding to Problem Behaviour
 - Replacing with Alternative Behaviour
- **Planning & Prevention**
 - Positive Attention
 - Effective Rules & Expectations
 - Environmental Adaptations

WE WANT YOUR INPUT!

BIWEEKLY WORKSHOPS ON COMMUNITY-SELECTED TOPICS

This is the first of a series of workshops to be held every two weeks.
Attendees propose and vote on upcoming workshops.

Example topics include:

- Social Media & Digital Safety
- Improving Sleep Quality
- Child Anxiety & Increasing stress tolerance
- Supporting Kids with ADHD
- Child & Adolescent Cellphone Use
- Learning Disabilities and Self-Advocacy
- Cannabis Use and Development.

Workshops Organized by:
School Psychologist (Greg MacLean)
& Schools Plus Facilitator (Kinnon Job)